

# Alfresco mitts

## An update to an old favorite

**Size:** One size fits most women – they are pretty stretchy!

Materials: One skein of Classic Elite Fresco (60% wool/30% alpaca/10% angora) 50g/164yards, a set of size 3

double-pointed needles, 4 ring markers & cable needle. **Gauge:** 26-27 stitches = 4" over stockinette stitch



Cast on 48 stitches and divide between 3 needles. Join and begin  $\underline{\textbf{K2, P2}}$  and repeat around. Work in this rib pattern for a total of 10 rows.

Next row: Work 6 stitches in rib, PM, P2, SL 2 stitches to CN and hold in front, P1, K2 from CN. SL 1 stitch to CN and hold in back, K2, P1 from CN, P2, PM. Work remaining (32) stitches of round as established in rib.

On next round, begin "**left cable pattern**" in between markers starting with cable pattern row 1, and continue in rib on other stitches as established. Work until cuff measures 3 ½ -3 ¾".

**Begin thumb gusset**: (on my mitt this was the same row as  $5^{th}$  cable twist)

Work in pattern on next row until you are 4 stitches from end of round. PM, M1 purlwise, K2, M1 purlwise, PM, finish round. Work next round even, purling the new stitches. Continue increasing in this manner, just inside these markers, every other round until there are a total of 16 stitches between thumb gusset markers, purling all new stitches and keeping all other stitches in patterns as established. (There should be a K2 rib going up center of thumb.) Work 2 rounds even.

## right mitt

Cast on 48 stitches and divide between 3 needles. Join and begin  $\underline{\textbf{P2, K2}}$  and repeat around. Work in this rib pattern for a total of 10 rows.

Next row: Work 32 stitches in rib, PM, P2, SL 2 stitches to CN and hold in front, P1, K2 from CN. SL 1 stitch to CN and hold in back, K2, P1 from CN, P2, PM. Work remaining (6) stitches of round as established in rib.

On next round, begin "**right cable pattern**" in between markers starting with cable pattern row 1, and continue in rib on other stitches as established. Work until cuff measures 3  $\frac{1}{2}$  - 3  $\frac{3}{4}$ ".

**Begin thumb gusset**: (on my mitt this was the same row as  $5^{th}$  cable twist)

Work 2 stitches in pattern on next row, then PM, M1 purlwise, K2, M1 purlwise, PM, finish round. Work next round even, purling the new stitches. Continue increasing in this manner, just inside these markers, every other round until there are a total of 16 stitches between thumb gusset markers, purling all new stitches and keeping all other stitches in patterns as established. (There should be a K2 rib going up center of thumb.) Work 2 rounds even.

## both mitts

<u>Divide for hand</u>: On next round, knit to thumb marker, place 16 thumb stitches on holder or thread, cast on 2 stitches, (removing thumb markers) continue and finish round. Re-establish rib pattern on the new cast-on stitches and continue in pattern to ½" less than desired length. (Model has a total of 11 cable twists.) End having just worked row 3 of cable pattern:

Knit to cable pattern marker, P2, SL next stitch to CN, and hold in back, K2, P1 from CN, SL next 2 stitches to CN, hold in front, P1, K2 from CN, P2, finish round (end cable pattern). Work even in K2, P2 rib for 3 rows and bind off in rib.

**Thumb:** Put thumb stitches on a couple of needles and joining a new piece of yarn, knit across stitches, keeping knits and purls as they appear. Then pick up and knit two stitches where you cast them on at the base of thumb(keep these stitches as knits). A total of 18 stitches. Work even on these stitches until thumb is desired length and bind off. Sew in ends.

### **LEFT CABLE PATTERN**

Row 1, 3, 4 & 5: P3, K4, P3 Row 2: P3, SL 2 stitches to CN and hold in front, K2, K2 from CN, P3.

### **RIGHT CABLE PATTERN**

Row 1, 3, 4 & 5: P3, K4, P3 Row 2: P3, SL 2 stitches to CN and hold in back, K2, K2 from CN, P3.

 $\textbf{ABBREVIATIONS:} \hspace{0.2cm} \textbf{K} = \textbf{Knit} \hspace{0.2cm} \textbf{P} = \textbf{Purl} \hspace{0.2cm} \textbf{PM} = \hspace{0.2cm} \textbf{Place marker} \hspace{0.2cm} \textbf{CN} = \textbf{cable needle}$ 

**M1 purlwise** = Make 1 stitch by inserting left needle under the bar in between stitches from back to front and then purl the lifted strand, it should twist it as you make a stitch.

(You can also insert needle from front to back and purl into the back, whichever is easiest for you.)

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