



## MY NECK IS COLD!

A neck warmer to wear up or scrunched down.

You need about 450-ish yards of soft, lightweight yarn and a 24" size 4 circular knitting needle for a long cowl, about 250 yards if you don't need to be able to pull it up over your head. Also one stitch marker!

For a long cowl, I used 1 skein of Misti Alpaca Handpaint Sock.

For a shorter cowl, I used 2 skeins of Koigu KPPPM.

or 1 Skein Frog Tree Pediboo

Loosely cast on 144 stitches. Join, being careful not to twist. Purl 2 rows.

Begin **GARTER RIB PATTERN**:

Row 1 – Knit.

Row 2 – K2, P2.

Repeat the two pattern rows until you are almost out of yarn, end with a "Row 1". Purl 2 rows. Loosely bind off purlwise.

Keep warm!

## MY ARMS ARE COLD, TOO!

Long wrist warmers.

You need about 200(probably less) yards of soft, lightweight yarn and a pair of size 4 knitting needles, straight or double pointed.

I used less than 1/2 skein of Misti Alpaca Sock/Fingering Yarn.

**TWO NEEDLE VERSION:**

Cast on 66 stitches. Purl one row, Knit one row. Begin Garter Rib Pattern (from above directions).

On 9<sup>th</sup> row of pattern, decrease one stitch at each end of row. Keeping in pattern as established, decrease at each end of row every 6<sup>th</sup> row until you have 42 stitches remaining. Work even in pattern until piece measures 9 ½ inches. End with a "row 1". Knit one row, Purl one row, bind off knitwise. Sew seam.

**FOUR NEEDLE VERSION:**

Cast on 64 stitches. Purl 2 rows. Begin Garter Rib Pattern: Row 1 – Knit.

Row 2 – K1, (P2, K2) across row, end K1.

Work in pattern for 8 rows.

Begin decreases: K1, SSK, work in established pattern to 3 stitches from end of round and K2 tog., K1.

Continue in pattern as established, working decreases every 6<sup>th</sup> row until there are 40 stitches left. Work even until piece measures 9 ½ inches or desired length. Purl 2 rows, bind off purlwise.